

# Suggested Materials/Color List for Oils and Acrylics- Getting Loose and Free

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## PAINTS

PAINTS (Ex: Winsor Newton (Winton), Grumbacher, Golden, Holbein, American Journey, Dick Blick etc.)

Titanium white

Cadmium yellow –or primary yellow

Cadmium red -- or primary red

Alizarin crimson (a red with violet leaning)

Ultramarine blue or cobalt blue (primary blue)

Sap green – or green of your choice

Yellow ochre

Burnt sienna

## **BRUSHES and MIXING**

Natural hog, sable, mix, or synthetic bristle for oil/acrylic painting.

**Bring what you have.** I suggest having at least one filbert or flat/bright and one round brush.

1" or ¾ " filbert or flat

#8 or # 10 pointed round

1 trowel-handle palette knife (for mixing and applying paint (trowel handle is a bent shape—not straight)

## **BRUSH CLEANING AND THINNING**

Oils: Odorless mineral spirits\* for brush cleaning, and linseed oil or Winsor Newton "Liquin" for thinning.

Rags or paper towel for clean up, and a lidded jam jar to hold mineral spirits for clean up.

- Odorless mineral spirits are available at hardware stores and Walmart for less than at art supply places.

Acrylics: Container for water to clean brushes, and either matte or gloss medium for thinning and transparency.

## **PALETTE (surface to mix paints on)**

Any artist palette for oils and acrylics. I use a piece of white-painted board (approx. size: 10 x 12") or

white painted cardboard covered with wax paper. The wax paper makes for easy clean up on any board.

## SUPPORTS

Use a product such as Fredrix canvas panels that come in a variety of sizes, primed, stretched artist's canvas, masonite sanded and primed with gesso, or primed canvas pads. Deep wrapped canvases do not need a frame.

### **SUPPLIERS**

Dick Blick Art Supplies: 318 East Broughton Street, Savannah, (912) 234-0456 or [www.dickblick.com](http://www.dickblick.com)

Dick Blick Studio mail order 1-800-828-4548, [www.dickblick.com](http://www.dickblick.com)

Cheap Joe's Art Stuff, mail-order: 1-800-227-2788 or online at [www.cheapjoes.com](http://www.cheapjoes.com)

Jerrys Artarama online: [www.jerrysartarama.com](http://www.jerrysartarama.com)

Michaels and Hobby Lobby have art supplies BUT the staff are not knowledgeable re: art supplies.