

# ONE DAY OF PLEIN AIR PAINTING IN OILS

## With Instructor Adam Clague

### Adam Clague Fine Art

#### Creating Dynamic Still Life Paintings in Oil Workshop Supply List

**NOTE:** I'll be using Rosemary & Co. brushes, Rembrandt and Gamblin oil paints, and Gatorfoam panels that I prime with Utrecht Artists' Acrylic Gesso or Gamblin Oil Ground. However, please feel free to use any quality brands and surface types.

#### **PAINT COLORS:**

(Feel free to replace cadmiums with "permanent" colors)

- **Please Bring:** Cadmium red light or medium, cadmium lemon, yellow ochre, transparent oxide red or burnt sienna, ultramarine blue, titanium white

-**Optional Colors:** permanent alizarin crimson, cadmium yellow medium, cadmium orange, Gamblin transparent orange, viridian

(I will use these less often for plein air)

#### **BRUSHES**

1. At least 3 bristle flats or filberts ranging from small to large (sizes 1-12 or so)
2. At least 3 softer flats or filberts (such as sable, mongoose or synthetic) ranging from small to large (sizes 1-12 or so)
3. 1 or 2 small bristle rounds or riggers for details (sizes 0-2)

#### **SURFACE**

Please bring at least 1 surface (if you finish one, you can paint another.) Sizes can range from 6"x8" to 12"x16".

#### **THINNERS**

1. I would like everyone to use Gamblin Gamsol Odorless Mineral Spirits, but please also bring a natural thinner such as artist's linseed oil or artist's safflower oil in case someone has a sensitivity to Gamsol.
2. Airtight brush water container

#### **EASEL**

Please bring a portable easel that stands on the ground, such as a french easel, pochade box, etc. If your easel cannot hold your palette, please bring a small folding table for your palette.

**NOTE:** If you are traveling and would like to arrange to borrow an aluminum studio easel from Art League Academy, please email [Academy@ArtLeagueHHL.org](mailto:Academy@ArtLeagueHHL.org) ahead of time.

#### **OTHER**

1. Portable Palette (please no paper palettes or palettes with walls and compartments)
2. At least 1 medium-sized palette knife
3. Viva or Blue Carpenter Paper Towels
4. Wide-tipped art markers in these colors: black, 50% gray, 20% gray
5. Sketchbook suitable for ink markers
6. Trash bags for soiled towels
7. Note-taking materials
8. Folding chair if desired
9. Brimmed Hat, Sunscreen, Bug spray, Lunch, Water, Etc.